



COPA Soccer Training Center

2-5y Party Games

Hungry Hungry Hippos

- Scatter bean bags across the floor. Players pick them up and return to matching colored plate.
 - o Run to retrieve.
 - o Dribble to retrieve.
 - o Place a tall cone on top to hide bean bags. Players need to use their ball to knock down the cone and revealing the bean bag.

Parachute Fun

- Players each hold a section of the parachute.
 - o Small shakes.
 - o Big shakes.
 - o Bring it down to the ground slowly together. Then lifting to the sky, fast together.
 - o Add 1 mini-ball, then two, then three. Repeat the variety of shaking attempting to keep the balls on the parachute.
 - o Add as many mini balls as possible and players attempt to shake them all off.
- Song/dance
 - o Everybody walk. Stop. Everybody run. Stop. Put your hands up. Put your hands down. Put your hands up. Put your hands down. Everybody jump. Everybody jump. Stop.
 - o Repeat.
- Twister
 - o Call out activities for players to do while they have their hands on one color and their feet on another.

Ice Cream Shop

- Scatter tall cones throughout. Players dribble to cone to stack their ball on top, carrying like an ice cream cone.
- Players bring cone back to coach, working together to build a giant ice cream cone.

Treasure Hunt

- Players hunt for jewels (flat cones) to bring back and stack together on a pole. May use two based on number of participants.
 - o Run to retrieve.
 - o Dribble to retrieve.
 - o Hide some treasure by balancing a ball on top. Players must remove the ball by knocking it off with their ball. No hands.

Catch The Bug

- Each player has a ball and gathers in two parallel lines, forming a tunnel. Coach is the bug and runs through the tunnel of players while they attempt to kick their ball to hit the coach's feet to catch them.
 - o As coach is getting hit, start limping through the tunnel, collapsing at the end.
- Bug of the run: Coach moves anywhere they want while players dribble and pass in attempt to "catch the bug".

Jungle Trek

- Utilizing equipment to build an obstacle course for the kids to run through, visiting the animals along the way. Soccer goals can be used throughout.

- Hop through the circles to get to the frog.
- Crawl through the tunnel to find the tiger.
- Jump of the rocks by the parrot.
- Climb the mountain by the gorillas.
- Balance on the beam past the snake.
- Stomp on the buckets like the elephants.

Floor Is Lava

- Lay out equipment for players to use travelling across the jungle without touching the floor.
 - Travel together.
 - Lava monster: Coach attempts to catch players.
 - Treasure hunt: Hide treasure throughout. Players gather and bring back. Can be together or in teams. Could use separate colors if needed.
 - Relay race: Split in two teams, players take turns one at a time.
 - Capture the flag: Each team must work together to bring the flag back to their territory without being caught by the other team.