COPA PLAYYouth Recreation League

· What are the dates of competition?

- The Recreation League will run from April 13 through May 19th! Boys game days will be on Saturdays, girls will play on Sundays. Game times will be between 1-5pm on those days starting with the younger ages, and once set, will be consistent week-to-week.
- On the weekend of April 6-7, we will host an Open Event for all participants to come and get a sneak
 peak of what to expect in the league. You'll receive your jersey and ball and complete some basic player
 testing to make sure players are placed in the appropriate level of play!

Do I register as an individual or a team?

This league registration is individual, but we want to put you on teams with your friends. During the
registration you'll be asked for your friend's names, your school and your zip code so we can group
players together. Make sure to invite your friends to play with you this spring too!

· What is the competition level?

• Recreation League is geared towards those players that are either new to the sport and are looking for their first experience or players that are still sampling multiple sports and appreciate a simplified schedule that is consistent and once a week.

What should I expect?

• At COPA, we want every child to fall in love with the game. To do this, we need to provide a structured environment for them to grow and learn. This starts with COPA coach led curriculum, specifically designed to develop each player's confidence and skill level. We then provide structured games with their friends against different opponents in small-sided games where they'll get plenty of touches and opportunities to test out their new skills!

What is included?

• All players will receive a COPA shirt and ball. We will provide these before the league starts. Players are expected to wear their game shirt every week, bring their ball and some water. Players should also wear shin guards covered by soccer socks and no cleated shoes.

· Can I be a parent volunteer?

While COPA will lead each training, parent volunteers will be essential to provide the individual attention
to each small team. Parent volunteers will receive a partial refund on training fees for their efforts during
the season! Coaches will receive the curriculum prior to each session to know what topics will be
covered and will be asked to work with their individual players. Coaches will also manage the games,
keeping the action flowing!

Can I play with my friends?

 Absolutely! Soccer is a game to share with your friends. Make sure to invite your friends to join us and list them in your registration!

· What will I learn?

• Each week we will train players on individual skills to improve their games. We'll introduce technical skills that will set them up for future success in the sport!

When will the schedule be released?

• The schedule will be finalized by the Open Event weekend the week before the first league date. Schedules will be dependent on the number of registrants in an age and level.

